

Dezember 2009

T	Athletik				Skitraining				Rennen Nat. + IR			Rennen Regional + Animation					
	Ort	Wer	Kondi	Kraft	Ort	SL	GS	SG	Bernina	Ort	Speed	GS	SL	Ort	Speed	GS	SL
1	Scuol	Otti	x	x													
2					Samnaun	x											
3	Ftan	Fränzi	x														
4																	
5					Samnaun		x										
6																	
7	Ftan	Fränzi	x														
8	Scuol	Otti	x	x	Samnaun												
9					Samnaun												
10	Ftan/Samnaun	Fränzi / Xaver	x														
11																	
12					Samnaun					ARGE ALP Karerpass ITA (Animation)		x					
13					Samnaun					ARGE ALP Karerpass ITA (Animation)		x					
14	Ftan	Fränzi	x														
15	Scuol	Otti	x	x	Samnaun												
16					Samnaun												
17	Ftan/Samnaun	Fränzi / Xaver	x		Scuol Nachmittag				x								
18																	
19														Beltrametti-Parpan (Animation)		x	
20														Beltrametti-Parpan (Animation)		x	
21																	
22					Samnaun												
23																	
24																	
25																	
26																	
27					Samnaun												
28					Samnaun												
29					Scuol												
30					Scuol												
31																	



RAIFFEISEN



graubünden

Januar 2010

T	Athletik				Skitraining				Rennen Nat. + IR			Rennen Regional + Animation					
	Ort	Wer	Kondi	Kraft	Ort	SL	GS	SG	Bernina	Ort	Speed	GS	SL	Ort	Speed	GS	SL
1																	
2																	
3																	
4	Ftan	Fränzi	x														
5	Scuol	Otti	x	x	Samnaun												
6					Samnaun												
7	Ftan/Samaun	Fränzi / Xaver	x		Scuol Nachmittag				x								
8																	
9														Pontresina			x
10										BSV-Cup Pontresina		xx					
11	Ftan	Fränzi	x														
12	Scuol	Otti	x	x	Samnaun												
13										JO IR BSV Splügen		x					
14	Ftan/Samaun	Fränzi / Xaver	x														
15																	
16														St. Moritz		x	
17					Xaver												
18	Ftan	Fränzi	x		Andermatt												
19	Scuol	Otti	x	x	Swiss Ski												
20																	
21	Ftan	Fränzi	x														
22																	
23										JO IR SSW Flumserberg	x						
24										JO IR SSW Flumserberg		x					
25	Ftan	Fränzi	x														
26	Scuol	Otti	x	x	Samnaun												
27					Scuol												
28	Ftan/Samaun	Fränzi / Xaver	x														
29										JO Nationaler Vergleich	x						
30					Scuol					Riddes	x						
31										La Tzoumaz		x		Ftan			x



RAIFFEISEN



graubünden

Februar 2010

T	Athletik				Skitraining				Rennen Nat. + IR			Rennen Regional + Animation					
	Ort	Wer	Kondi	Kraft	Ort	SL	GS	SG	Bernina	Ort	Speed	GS	SL	Ort	Speed	GS	SL
1	Ftan	Fränzi	x														
2	Scuol	Otti	x	x	Samnaun												
3					Samnaun												
4	Ftan/Samnaun	Fränzi / Xaver	x		Scuol Nachmittag				x								
5																	
6										BSV-Cup Parpan		xx		St. Moritz		x	
7																	
8	Ftan	Fränzi	x														
9	Scuol	Otti	x	x	Samnaun												
10										JO IR BSV Splügen		x					
11	Ftan/Samnaun	Fränzi / Xaver	x														
12																	
13														Arosa GPM (Animation)		x	
14																	
15	Ftan	Fränzi	x														
16	Scuol	Otti	x	x	Samnaun												
17					Scuol												
18	Ftan/Samnaun	Fränzi / Xaver	x		Scuol Nachmittag				x								
19																	
20										JO IR LSV Malbun		x		Scuol		x	
21										JO IR LSV Malbun		x					
22	Ftan	Fränzi	x														
23	Scuol	Otti	x	x	Samnaun												
24					Samnaun												
25	Ftan/Samnaun	Fränzi / Xaver	x														
26										SM Hoch-Ybrig	T						
27										SM Hoch-Ybrig	SG			Sils		x	
28										SM Hoch-Ybrig	SC			Airolo GPM (Animation)		x	



RAIFFEISEN



März 2010

T	Athletik				Skitraining				Rennen Nat. + IR			Rennen Regional + Animation					
	Ort	Wer	Kondi	Kraft	Ort	SL	GS	SG	Bernina	Ort	Speed	GS	SL	Ort	Speed	GS	SL
1	Ftan	Fränzi	x		Samnaun												
2	Scuol	Otti	x	x	Samnaun												
3					Samnaun												
4	Ftan/Samnaun	Fränzi / Xaver	x		Samnaun												
5																	
6										BSV-Cup Klosters		x					
7										BSV-Cup St. Antönien			x				
8	Ftan	Fränzi	x														
9	Scuol	Otti	x	x	Samnaun												
10					Samnaun												
11	Ftan/Samnaun	Fränzi / Xaver	x		Scuol Nachmittag				x								
12																	
13										JO IR OSSV Wildhaus			x	Scuol Engadiner Meisterschaft (Ani.)	x		x
14										JO IR OSSV Wildhaus		x		Lenzerheide GPM (Animation)		x	
15	Ftan	Fränzi	x														
16	Scuol	Otti	x	x	Samnaun												
17					Samnaun												
18	Ftan/Samnaun	Fränzi / Xaver	x														
19																	
20										JO SM Elm			x				
21										JO SM Elm		x					
22	Ftan	Fränzi	x														
23	Scuol	Otti	x	x	Samnaun												
24					Samnaun												
25	Ftan/Samnaun	Fränzi / Xaver	x														
26										Schönried GPM-Final (Animation)							
27										Schönried GPM-Final (Animation)							
28										Schönried GPM-Final (Animation)							
29	Ftan	Fränzi	x														
30	Scuol	Otti	x	x													
31					Samnaun												



RAIFFEISEN



graubünden

April 2010

T	Athletik				Skitraining			Rennen Nat. + IR			Rennen Regional + Animation					
	Ort	Wer	Kondi	Kraft	Ort	SL	GS	SG	Ort	Speed	GS	SL	Ort	Speed	GS	SL
1									BSV-Cup BM Obersaxen	x						
2									BSV-Cup BM Obersaxen		x					
3									BSV-Cup BM Obersaxen			x				
4																
5													Dreiländerrennen Schöneben (Anim.)		x	
6																
7					Samnaun											
8	Ftan/Samnaun	Fränzi / Xaver	x													
9																
10									BSV Techniktag für BSV Auswahl							
11									Powertest							
12	Ftan	Fränzi	x													
13	Scuol	Otti	x	x												
14					Samnaun											
15	Ftan/Samnaun	Fränzi / Xaver	x													
16																
17									Nat. Powertest JG 95/96, teilw. 97							
18																
19	Ftan	Fränzi	x													
20	Scuol	Otti	x	x												
21					Samnaun											
22	Ftan/Samnaun	Fränzi / Xaver	x													
23																
24													Silvretta-Cup Samnaun (Animation)		x	
25													Silvretta-Cup Samnaun (Animation)		x	
26	Ftan	Fränzi	x													
27	Scuol	Otti	x	x												
28																
29	Ftan/Samnaun	Fränzi / Xaver	x										SAISONABSCHLUSS			
30													ESSEN - ZÄMMA SITZA - FÖTELI LUAGA			



RAIFFEISEN



graubünden